

Start note :

Count in :

See-saw, sacra-down

Signs - which, way, town, up, down, this

Traditional English

See - saw sac - ra - down which is the way to Lon - don town

One foot up and one foot down this is the way to London town

See-saw, sacra-down, which is the way to London town

One foot up and one foot down, this is the way to London town

(Possible new verses)

See-saw, sacra-down, &c. Row up the river and then row down, this is the way to London town

See-saw, &c. Go up in a plane and then go down, this is the way to London town

See-saw, &c. Wait for a bus and hope it comes soon, &c.

See-saw, &c. In Grandad's car, but will it break down? &c.

Ideas for use in school

There is lots of potential for making up new lyrics and adding signs, or arranging it to include a *Sam button singer.

This is a good song for getting whole body movements as well as finer hand and finger control.

Learners can experience 'up' and 'down' both spatially and in the music.

I have changed the tune slightly so that 'up' goes up, and 'down' goes down. The traditional notes are the small ones.

You could change the 'London' to be your nearest town e.g. Gloucester town.

You could include different parts of the body, e.g. instead of 'foot' sing , shoulder or hand.

A learner could choose which to sing about next, by looking at symbols or signing.

A Sam button singer could sing any of the repeated lines.

*Sam (song/speech/sound and music) button - this is what I call the voice output communication devices like Step by Step, BigMac, 4Talk4 etc.